You can take these simple steps to protect yourself and your loved ones from the Zika virus.

- Apply EPA-approved insect repellent.
- Wear pants and long-sleeve shirts.
- Use screens or close windows and doors.
- Remove standing water in and around your home.
- Cover trash cans or containers where water can collect.
- Talk to your doctor if you have concerns.

*Recommendations are based on emerging knowledge about Zika.*

KEEP UP WITH THE LATEST INFO AT TexasZika.org